

Meat Free Monday

Main Course

Slowed Cooked Bolognese & Pasta

Vegetarian

Chunky Tomato Pasta Bake with cheesy top

Sides

Steamed Roast Potatoes/Vegetable topping table

Dessert

Chocolate Cake with Cherry Cream

Healthy/Cold

Classic Trifle

Tuesday

Main Course

Turkey Mince Taco with peppers, garlic mayo and grated cheese

Vegetarian

Vegetarian Mince with soft flour Taco, peppers and grated cheese

Sides

Steamed Baked Potato Wedges with mild spiced dip/Corn and Peppers

Dessert

Rice Pudding with Mixed Fruit Jam

Healthy/Cold

Fruity Flapjack

Lady Barn House School

Early Years Menu w/c 24th September

Wednesday

Main Course

Spanish Paprika and tomato baked chicken thighs

Vegetarian

Roasted pepper, courgette & mozzarella Bruschetta

Sides

Braised Yellow Rice with roast peppers & Peas/Crisp iceberg & grated carrot salad

Dessert

Shortcrust cornflake Pie with custard

Healthy/Cold

Dark Chocolate Mousse

Separate Halal Option

Wednesday Spanish Paprika and tomato baked Halal Chicken Thighs

Thursday

Main Course

Beef & Pork Meatballs in a rich creamy gravy

Vegetarian

Vegetarian Meatballs in a rich creamy gravy

Sides

Buttery Mashed Potatoes/Sweet Peas & Sugar Snaps

Dessert

Jam & Coconut Sponge

Healthy/Cold

Raspberry & Peach Mousse

Friday

Main Course

Tuna Mayo & cheddar cheese panini

Vegetarian

Roasted vegetable & cheese panini

Sides

Chunky Chips/ Vegetable Crudités

Dessert

Fruity Yogurt Pots

Healthy/Cold

Selection of sliced fruit